



# Gleneagles Hospital

HONG KONG

港怡醫院

# 兒童近視

## Children Myopia Control Plan

### Care Plan 控制近視加深防眼疾

Keep myopia under control to prevent eye diseases



深度近視會較大機會引致各種併發症，如白內障、視網膜脫落等，情況嚴重更可能導致失明！所以從小開始控制近視加深是很重要的！

High myopia is prone to complications such as cataract and retinal detachment, which may lead to total loss of vision. As such, it is very important to keep myopia under control since childhood.

## 港怡醫院“兒童近視控制計劃”

### Gleneagles Children Myopia Care Plan

參加所有療程前，需先由醫生診症及根據病人情況而建議是否適合此計劃。

The suitability for the Myopia Care Plan is subject to doctor's advice and individual patient's conditions.

#### 近視控制眼藥水

Myopia control eye medication

- 醫生診症  
Doctor Consultation
- 視光師檢查，包括：屈光檢查、  
眼球長度量度  
Optometrist check-up  
(Refraction, axial length measurement)
- 近視控制眼藥水\*  
(阿托品0.01% 5ml) 6支  
6 bottles of myopia control eye  
medication\* (Atropine 0.01% 5ml)

\* 可以附加費用選擇升級項目。  
Items can be upgraded with additional fees.

HK\$3,200

#### Ortho-K 角膜塑形鏡片

Orthokeratology Lens

- 驗配及評估服務，包括：屈光檢查、  
眼球長度量度、眼睛前部健康、  
角膜地形圖、Ortho-K 鏡片驗配及  
試戴  
Fitting and Assessment Session  
(Refraction, axial length measurement,  
anterior ocular health, corneal  
topography, Ortho-K lens fitting and trial)
- 角膜塑形鏡片一對  
1 pair of Ortho-K lens
- 取鏡覆查（學習鏡片戴除及護理）\*  
Delivery visit (learning the lens handling  
technique)\*
- 首年8次覆診\*  
8 follow-up visits in the first year\*

\* 額外覆診需另加收費。  
Extra visit requires additional charge.

首年 First year

HK\$20,000

(由視光師主理 By Optometrist)

#### MiSight 每日即棄 控制近視隱形眼鏡\*

MiSight 1-Day Soft Contact Lens\*

- 視光師檢查，包括：屈光檢查、  
眼球長度量度、眼睛前部健康、  
隱形眼鏡覆檢  
Optometrist check-up (Refraction,  
axial length measurement, anterior  
ocular health, contact lens aftercare)
- MiSight 隱形眼鏡12盒（每盒30隻）  
12 boxes of MiSight contact lens  
(30 pieces per box)

\* 費用不包括：參加此計劃前的隱形眼鏡驗配及評估，以及  
首月適應期的隱形眼鏡。  
Not included: Contact lens fitting and assessment prior  
to this plan and first month contact lens usage during  
the adaptation period.

HK\$4,500

(由視光師主理 By Optometrist)

想了解更多詳情，請即與我們聯絡。 Contact us for more details now.



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