

Rehabilitation Centre

復康中心



On
your
side 護您
同行



Gleneagles
HONG KONG
港怡醫院



Free Shuttle Service 免費專車服務

Gleneagles Hong Kong Hospital provides free shuttle bus service for public between MTR Ocean Park Station (Exit A) and the hospital (main entrance).

港怡醫院為市民提供免費專車服務往來港鐵海洋公園站 (A出口) 及醫院 (正門)。



Free Shuttle Schedule
免費專車服務時間表

MTR 港鐵



Hospital address

1 Nam Fung Path,
Wong Chuk Hang, Hong Kong

醫院地址

香港黃竹坑南風徑1號

Mainline 電話 +852 3153 9000
Service hotline 服務熱線 +852 2122 1333
Fax 傳真 +852 2528 0081

www.gleneagles.hk

f 港怡醫院
Gleneagles Hong Kong Hospital

Occupational Therapy / Speech Therapy / Prosthetic & Orthotic Therapy

職業治療 / 言語治療 / 義肢矯形服務

For your convenience, we offer a one-stop service at our Rehabilitation Centre. If you have any issues related to your activities of daily living, speech, language & swallowing problems; or if you need professional splintage or orthotic equipment, we could arrange other allied health professionals to provide the services.

為配合病人復康，我們會安排一站式服務，讓病人能盡快得到專業治療。如您有任何影響日常生活的行動、說話、語言及吞嚥問題，或需要專業輔助器材 (如夾板固定或矯形)，我們可以安排相關專業醫護人員提供服務。



Opening hour 開放時間

Monday – Friday	9:00 am – 6:00 pm
Saturday	9:00 am – 1:00 pm
Sunday and Public Holiday	Closed

星期一至五	上午九時至下午六時
星期六	上午九時至下午一時
星期日及公眾假期	休息

By Appointment only

Should you have any enquiry or interest in our rehabilitation services, please contact us at 3153 9141.

敬請預約

如您對我們的服務有任何查詢，請致電 3153 9141。

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The Rehabilitation Centre adopts an evidence based practice to provide high quality service. Our ultimate goal is to restore your maximum physical ability and improve your quality of life.

港怡醫院的復康中心本着以科研為主、病人為先的服務精神，藉着提供優質的復康治療，優化您的體格，使您享受優等人生。



Physiotherapy 物理治療

We offer a comfortable and pleasant environment, with cubicles or private room to ensure your privacy. Our team of physiotherapists have postgraduate training in different specialties to meet various needs of our patients. Through our professional assessment, we implement a customised treatment programme to suit your need.

我們提供一個舒適、理想的環境，使病人的私隱得到全面保障，讓他們能靜心休養，促進康復。此外，我們的服務團隊具備大專以上的專業資格，透過專業評估，可根據病人需要，提供貼心貼身的治療方案。

Physiotherapy 物理治療

Scope of Services 服務範圍

- | Musculoskeletal and Orthopaedic Rehabilitation
- | Sports Injury Rehabilitation
- | Pulmonary Rehabilitation
- | Neurological Rehabilitation
- | Paediatric Conditions
- | Women Health and Urinary Incontinence
- | Antenatal and Postnatal exercises and care
- | Geriatric Rehabilitation
- | Pain Management
- | Pilates Exercise Program
- | Health Promotion & Education

- | 骨科復康
- | 運動創傷復康
- | 胸肺復康
- | 神經復康
- | 兒童復健
- | 婦女健康護理（包括尿失禁問題）
- | 產前 / 產後運動及護理
- | 長者復康治療
- | 痛症治療
- | 普拉提運動計劃
- | 健康推廣及講座

To enhance your recovery, we have different rehabilitation products for purchase:

- | Walking aids
- | Supportive device such as knee brace, ankle support
- | Small exercise equipment such as rubber band / sandbag

We also offer advice and assistance to patients considering the purchase of required equipment during the course of recovery.

為輔助病人康復，我們亦會提供以下用品供病人選購：

- | 助行器具
- | 保護器具（如護膝、護踝）
- | 小型健體用品（如橡膠帶、沙包）

治療期間，如病人需要其他復康用品，我們願意提供意見及一切協助。

