

# Vision Care Plan

護眼計劃



Gleneagles Hospital

HONG KONG

港怡醫院

## Free Shuttle Service 免費專車服務

Gleneagles Hospital Hong Kong provides free shuttle bus service between MTR **Wong Chuk Hang Station** (Exit A) and the hospital (main entrance).

港怡醫院為市民提供免費專車服務往來港鐵黃竹坑站 (A出口) 及醫院 (正門)。



Free Shuttle Schedule  
免費專車服務時間表

## MTR 港鐵

Gleneagles is within walking distance from MTR **Ocean Park Station** (Exit C).

您可由港鐵**海洋公園站** (C出口) 步行至港怡醫院。



### Hospital address

1 Nam Fung Path,  
Wong Chuk Hang, Hong Kong

### 醫院地址

香港黃竹坑南風徑1號

Mainline 電話

+852 3153 9000

Service hotline 服務熱線

+852 2122 1333

Fax 傳真

+852 2528 0081

[www.gleneagles.hk](http://www.gleneagles.hk)

 港怡醫院  
Gleneagles Hospital Hong Kong

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## Consultation 詳細問診

Our professionals will conduct thorough inquiry into the clients' health conditions in order to provide the most suitable care. Details on family medical history, lifestyle habits etc. will be considered.

為提供合適的眼科服務，本院醫護人員會詳細查詢客人的健康狀況，有關眼睛問題的家庭病歷，以及生活習慣等。

## Visual Acuity and Refraction

### 視力及屈光度數檢查

An examination of visual acuity and refractive error, such as myopia, hyperopia and astigmatism. Amblyopia cases (lazy eye) will be identified.

檢查視力及屈光度數(近視、遠視、散光)，篩查弱視問題。

## Binocular Vision 雙眼協調

An examination of the co-ordination of both eyes, in order to identify strabismus (squint) and other extra-ocular muscles problems. 3D vision would be checked as well.

評估雙眼協調能力及立體感，從而檢查斜視等眼睛肌肉問題。

## Colour Vision 色覺測試

Using Ishihara colour vision test to identify any colour vision deficiency, advices will be given if needed.

利用石原氏色覺測試 (Ishihara Test) 評估客人是否患有色弱，然後作出適當建議。

## Intra-ocular Pressure 眼壓量度

Using safe and reliable machine to check the Intra-ocular pressure.

利用安全可靠的儀器量度眼壓。

## External and Fundus Eye Examination

### 外眼及視網膜檢查

To check the cornea, external and internal eye such as retina, in order to identify issues such as red eye, allergy, optic nerve and retinal problems.

檢查眼角膜、外眼及視網膜。從而評估紅眼，眼敏感，視神經及視網膜問題。

## Service Details

### 服務詳情

Applicable to 4 years old or above 適合四歲或以上人士

### Vision Care Plan (by Optometrist)

#### 護眼計劃 (服務由視光師提供)

Service includes 服務包括

- Case history 詳細問診
- Visual acuity 視力檢查
- Refraction 屈光度數檢查
- Binocular vision 雙眼協調檢查
- Color vision 色覺測試
- Intra-ocular pressure 眼壓量度
- Fundus photo taking (Written report by Ophthalmologist)▲  
拍攝眼底相片及由眼科醫生撰寫報告▲  
OR Cycloplegic refraction▲  
或 睫狀肌麻痺屈光檢查▲
- Provide information related to eye care  
提供有關眼睛健康之資訊
- Suggestion for follow up plan  
跟進建議

▲ Either one, depending on individual case 視乎個別情況二選一

**Price 收費：HK\$420**

### Service upgrade for Vision Care Plan client

#### 護眼計劃參加者之升級項目

Consultation by Ophthalmologist once  
眼科專科醫生面診一次

Service includes 服務包括

- Interpretation of Vision Care Plan examination result  
專業講解護眼計劃檢查結果
- External and fundal examination  
外眼及視網膜檢查
- Diagnosis and recommendation by Ophthalmologist  
眼科醫生診斷及建議

**Additional Price 額外收費：HK\$580**

**\*\*By appointment 敬請預約\*\***

Specialist Outpatient Ear, Nose & Throat / Eye Clinic  
耳鼻喉及眼科專科門診

G/F, Tower A  
A座地下大堂

Service hours 服務時間

Monday - Friday 星期一至五

9:00 am – 6:00 pm

Saturday 星期六

9:00 am – 1:00 pm

Sunday and public holiday  
星期日及公眾假期

Closed  
休息

Appointment hotline 預約熱線

+852 3153 9068

Email 電郵

soceec@gleneagles.hk



Eye Clinic  
眼科門診