

Uroflowmetry and Bladder Scan

尿流速度及餘尿檢查

Care Advice
護理須知



Gleneagles Hospital

HONG KONG

港怡醫院

References:

參考資料:

<https://www21.ha.org.hk/smartpatient/SPW/MediaLibraries/SPW/SPWMedia/urowflowmetry-and-bladder-scan.pdf?ext=.pdf>

****By appointment 敬請預約****

Urology Clinic – Specialist Outpatient Clinic 泌尿科專科門診

Location 位置

Clinic H, 1/F, Tower B
B座1樓 – 診所H

Opening Hours 開放時間

Monday-Friday	9:00am – 6:00pm
Saturday	9:00am – 1:00pm
Sunday and Public Holiday	Closed
星期一至五	上午九時至下午六時
星期六	上午九時至下午一時
星期日及公眾假期	休息

Appointment Hotline 預約熱線

+852 3153 9186

Fax 傳真

+852 3903 3420

Email 電郵

socuro@gleneagles.hk

Free Shuttle Service

免費專車服務

Gleneagles Hospital Hong Kong provides free shuttle bus service between MTR **Wong Chuk Hang Station** (Exit A) and the hospital (main entrance).

港怡醫院為市民提供免費專車服務往來港鐵黃竹坑站 (A出口) 及醫院 (正門)。



Free Shuttle Schedule
免費專車服務時間表

MTR 港鐵

Gleneagles is within walking distance from MTR **Ocean Park Station** (Exit C).

您可由港鐵海洋公園站 (C出口) 步行至港怡醫院。



Hospital address

1 Nam Fung Path,
Wong Chuk Hang, Hong Kong

醫院地址

香港黃竹坑南風徑1號

Mainline 電話

+852 3153 9000

Service hotline 服務熱線

+852 2122 1333

Fax 傳真

+852 2528 0081

www.gleneagles.hk

港怡醫院
Gleneagles Hospital Hong Kong

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What is uroflowmetry and bladder scan?

甚麼是尿流速度及餘尿檢查？

- Uroflowmetry and bladder scan are useful in the assessment of voiding function for a wide range of urological conditions. A non-invasive test that measures the flow rate of voided urine and post-void residual urine volume. Also can check for abnormalities in urine flow rate.
尿流速度及餘尿檢查能有效地評估泌尿系統功能和疾病。它是一個非入侵性的檢查能量度排尿速度和排尿後殘留尿液，同時也可以檢查尿流速的異常。
- Bladder scan can measure the post-void residual volume completely emptied after toilet or not.
餘尿檢查：膀胱掃描可以測量如廁後是否能完全排清小便。



Why is an uroflowmetry test done? 為甚麼進行尿流速度及餘尿檢查？

Doctors may recommend an uroflowmetry test if you have these urological problems:

如果您有這些泌尿問題，醫生可能會建議進行尿流測量測試：

- ✓ Elderly men with lower urinary tract symptoms (LUTS)
尿路癥狀較低的老年男性
- ✓ Bladder problems (bladder outlet obstruction or over active bladder)
膀胱問題(膀胱開口阻塞或過度活動膀胱)
- ✓ Urinary hesitancy
尿速減弱
- ✓ Urinary frequency
尿頻
- ✓ Nocturia
夜尿
- ✓ Urethral stricture
尿道狹窄

Preparation: 準備工作:

- Arrive clinic at least 30 minutes earlier with a full bladder
至少提前 30 分鐘到達診所，膀胱飽滿
- Bring a 500 ml bottle of water
自備500毫升清水



Procedure: 過程:

- Intake adequate of fluid until bladder is full
檢查前需要喝大量清水直至有急小便的感覺
- Then urinate into a specially designed funnel connected to the electronic uroflowmeter
於特定儀器排小便
- It can measure the speed of urination and urine volume
以便量度尿速及排尿量
- The volume of residual urine in bladder is measured using a bladder scan
再用超聲波量度膀胱內儲留的尿量

If you have any doubts, please consult the doctors or nurses at Gleneagles' Urology Clinic.

如有任何疑問，請即向本院泌尿科專科門診的醫生或護士查詢。