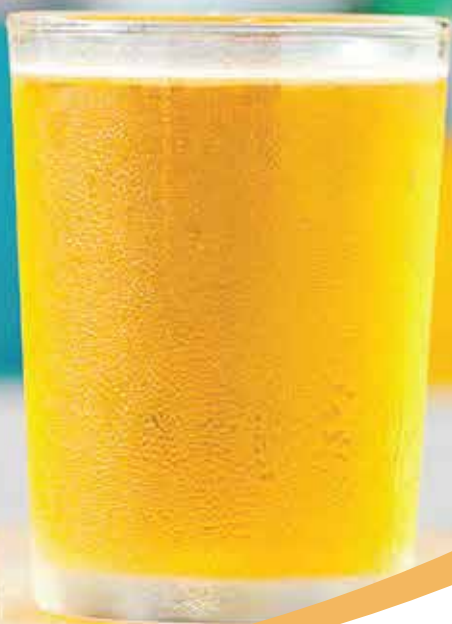


Oral Glucose Tolerance Test Information

口服葡萄糖血糖耐量
測試須知



Gleneagles Hospital

HONG KONG

港怡醫院

Free Shuttle Service 免費專車服務

Gleneagles Hospital Hong Kong provides free shuttle bus service between MTR **Wong Chuk Hang Station** (Exit A) and the hospital (main entrance).

港怡醫院為市民提供免費專車服務往來港鐵黃竹坑站 (A出口) 及醫院 (正門)。



Free Shuttle Schedule
免費專車服務時間表

MTR 港鐵

Gleneagles is within walking distance from MTR **Ocean Park Station** (Exit C).

您可由港鐵**海洋公園站** (C出口) 步行至港怡醫院。



Hospital address

1 Nam Fung Path,
Wong Chuk Hang, Hong Kong

醫院地址

香港黃竹坑南風徑1號

Mainline 電話

+852 3153 9000

Service hotline 服務熱線

+852 2122 1333

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 港怡醫院
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The whole test takes two to three hours, the procedure is as follows:

整個血糖耐量測試，須時二至三小時，程序如下：

Step 1 步驟1

Do not consume any food eight to fourteen hours prior to blood sampling. You may drink a small amount of pure water

抽血前空腹八至十四小時，期間可以飲用小量清水

Step 2 步驟2

The first blood sampling on an empty stomach and drinking glucose solution

第一次抽血(空腹)和飲糖水

Step 3 步驟3

The second blood sampling (in one or two hours)

第二次抽血(一或兩小時後)

Step 4 步驟4

Completion of all blood sampling procedure

全部抽血過程完畢

Additional information

注意事項

- | You will be asked to drink a cup of glucose solution after the first blood sampling. Please inform the staff once you have finished the drink.
- | Staff will notify you on the second blood sampling.
- | Please arrive at the Sample Collection Centre for blood sampling at the appointment time.
- | During the test (between the first and second blood sampling), please do not consume food or water to avoid affecting the medical report.
- | Please do not do any exercise during waiting period.
- | If you feel unwell during the procedure, such as feeling dizzy or nauseous, please inform the staff immediately.
- | After blood sampling procedure, you may leave if you do not feel unwell.
- | Only eat and drink after the procedure is completed (including medicine).

- | 第一次抽血後，需要飲一杯葡萄糖水，把糖水飲用後並通知職員。
- | 職員會預先告知第二次抽血時間。
- | 請於指定時間到樣本收集部準備抽血。
- | 進行葡萄糖血糖耐量程序時，請勿進食及飲水，避免影響化驗報告。
- | 在等候期間，切勿進行任何運動。
- | 若期間有任何不適，例如暈眩或嘔吐等，應立即通知職員。
- | 抽血完畢後，確保沒有身體不適，便可以離開。
- | 在整個過程完成後，才可以正常飲食(包括藥物)。

This leaflet is for reference only. Please consult our doctor or nurse if you have any questions.

本小冊子只供參考之用，如有疑問可向醫生或護士查詢。