MEDIA RELEASE
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Advancing Pan-vascular care through multidisciplinary collaboration and comprehensive health management

Parkway Shanghai Hospital opens new premises for its Pan-vascular Centre and launches a dedicated Heart Failure Clinic.

On 7 October, Parkway Shanghai Hospital held an unveiling ceremony for the new premises of its Pan-vascular Centre, alongside the official launch of its dedicated Heart Failure Clinic. Officiating guests joining the ceremony and witnessing the milestone in the further development of the hospital's integrated pan-vascular care included Ma Yingzhong, Deputy Director of the Minhang District Health Commission; Gu Yaoqiang, Chairman of Shanghai New Hongqiao International Medical Centre Construction and Development Co., Ltd.; Dr Kenneth Tsang, Regional Chief Executive Officer of IHH Healthcare North Asia; Professor Ge Junbo, Member of the Chinese Academy of Sciences and Chief Scientist of Parkway Shanghai Hospital; Wan Lijun, General Manager of Parkway Shanghai Hospital; and Wang Li, Chairperson of Yixin Medical.



From left: Li Yanlin, Director of Cardiology and the Catheterisation Laboratory, Pan-vascular Centre, Parkway Shanghai Hospital; Gu Yaoqiang, Chairman of Shanghai New Hongqiao International Medical Centre Construction and Development Co., Ltd.; Ma Yingzhong, Deputy Director of the Minhang District Health Commission; Professor Ge Junbo, Member of the Chinese Academy of Sciences and Chief Scientist of Parkway Shanghai Hospital; Dr Kenneth Tsang, Regional Chief

Executive Officer of IHH Healthcare North Asia; and Wan Lijun, General Manager of Parkway Shanghai Hospital

Leveraging multidisciplinary expertise to deliver coordinated care

Since its establishment under the leadership of Professor Ge Junbo in March this year, the Pan-vascular Centre of Parkway Shanghai Hospital has made substantial progress, recording nearly 1,000 patient visits and performing close to 100 procedures, including coronary interventions, cardiac pacing and electrophysiology procedures, peripheral vascular interventions, and spinal and cerebral angiography.

At the ceremony, Professor Ge delivered a keynote presentation entitled “Reshaping China’s Approach to Chronic Disease Care Through the Pan-vascular Disease Concept”. He said the Centre would continue to strengthen multidisciplinary collaboration and build closer connections between clinical care and long-term disease management.

“We need to organise our specialties around patients’ needs, creating a more comprehensive care pathway that brings together prevention, treatment and rehabilitation,” he said.



Professor Ge Junbo, Member of the Chinese Academy of Sciences and Chief Scientist of Parkway Shanghai Hospital

With the opening of its new premises, the hospital is advancing pan-vascular care beyond the co-location of multidisciplinary resources towards the full integration of clinical care pathways. Cardiology, cardiovascular surgery, vascular surgery, neurology, endocrinology, rehabilitation medicine and other specialties have been brought together more closely to create a seamless care pathway spanning prevention, screening, assessment, treatment, rehabilitation and follow-up. This integrated approach provides patients with comprehensive, one-stop and continuous care for conditions involving multiple organs and complex, overlapping risk factors.

Dr Kenneth Tsang, Regional Chief Executive Officer of IHH Healthcare North Asia, said, “The official opening of the Pan-vascular Centre’s new premises marks a new chapter in the development of our clinical specialties. Beyond expanding our capacity and enhancing patient care environment, the Centre demonstrates our unwavering commitment to strengthening our specialty development, refining our care delivery systems and pursuing excellence in service quality.”



Dr Kenneth Tsang, Regional Chief Executive Officer of IHH Healthcare North Asia

Gu Yaoqiang, Chairman of Shanghai New Hongqiao International Medical Centre Construction and Development Co., Ltd., said the opening further enriched the range of specialist medical services available within the New Hongqiao International Medical Center. “The Medical Center will continue to provide the infrastructure and support that enable healthcare institutions to strengthen their specialties and foster professional exchange and collaboration. By making high-quality medical resources more accessible to local residents, we aim to help the Medical Center develop into a leading hub for premium healthcare in the Yangtze River Delta and across China,” he said.



Gu Yaoqiang, Chairman of Shanghai New Hongqiao International Medical Centre Construction and Development Co., Ltd.

Dedicated Heart Failure Clinic launches to extends disease management into everyday life

Heart failure represents the end stage of various cardiovascular diseases. Epidemiological data indicates that approximately 12.1 million people in China are living with heart failure, with around 3 million new cases recorded each year and the one-year rehospitalisation rate as high as 69%. A further challenge is that worsening heart failure does not occur without warning. Clinically, an increase in lung fluid can precede noticeable symptoms—such as shortness of breath, difficulty breathing when lying flat that is relieved by sitting upright, or an inability to lie flat at night—by days or even weeks. By the time symptoms become apparent, the optimal window for intervention may already have passed.Meanwhile, gaps in care after hospital discharge remain a persistent challenge. Limited home monitoring options, delayed detection of subclinical pulmonary congestion and discontinuous follow-up have long hindered effective chronic disease management.

To address these needs, the Pan-vascular Centre of Parkway Shanghai Hospital has established a dedicated Heart Failure Clinic, under Professor Ge's leadership, bringing together expertise from cardiology and other specialties. The team comprises clinicians with extensive experience in standardised, personalised heart failure care at leading tertiary hospitals in China, including Zhongshan Hospital and Shanghai General Hospital. The team develops tailored diagnostic and treatment plans for patients with heart failure arising from different underlying conditions, including coronary artery disease, cardiomyopathy and valvular heart disease. Supported by the Centre's multidisciplinary platform, patients can access one-stop, coordinated management spanning diagnosis, treatment, rehabilitation and follow-up.

Beyond the hospital, the Centre will extend heart failure management intot homes, bringing monitoring and diagnostic assessment closer to the earliest signs of deterioration. To address gaps in monitoring between hospital visits, the Centre will explore the use of a wearable, non-invasive lung fluid monitoring device for suitable patients under medical supervision. High-risk patients will wear the device during daily life and take measurements at home, allowing subtle changes in lung fluid levels to be tracked over time and the data will be sent to the hospital. Early indications of abnormal changes in lung fluid levels or electrocardiographic parameters will enable the clinical team to intervene and adjust care plans promptly. This will connect outpatient care more closely with routine follow-up, shifting the emphasis from emergency responses to earlier intervention.

Li Yanlin, Director of Cardiology and the Catheterisation Laboratory at the Pan-vascular Centre, said, "The key to heart failure management is to bring professional assessment and intervention closer to patients. Through our dedicated Heart Failure Clinic, we will support patients with standardised follow-up and smart monitoring tools to help patients achieve better disease control and maintain their quality of life."



From left: Li Yanlin, Director of Cardiology and the Catheterisation Laboratory, Pan-vascular Centre, Parkway Shanghai Hospital; Wan Lijun, General Manager of Parkway Shanghai Hospital; Professor Ge Junbo, Member of the Chinese Academy of Sciences and Chief Scientist of Parkway Shanghai Hospital; Wang Li, Chairperson of Yixin Medical; and Cui Xiaotong, Associate Chief Physician in Cardiology and Lead of the Heart Failure Subspecialty, Zhongshan Hospital, Fudan University join a roundtable discussion at the ceremony

Ma Yingzhong, Deputy Director of the Minhang District Health Commission, said, “As population ageing continues, chronic conditions such as hypertension, hyperlipidaemia and heart failure have become major health concerns. We hope healthcare institutions will continue to strengthen their clinical specialties and coordinate services, translating professional expertise into tangible improvements in residents’ healthcare experiences and contributing fresh momentum to the Healthy Minhang initiative.”



Ma Yingzhong, Deputy Director of the Minhang District Health Commission

From its establishment to the opening of its new premises, the Pan-vascular Centre has been translating the development of its clinical specialties into tangible services for patients. Looking ahead, the Centre will continue to expand its scope of care by progressively enhancing peripheral vascular interventions, cardiac rehabilitation, and cerebrovascular disease screening and intervention; it will also promote disease prevention and home-based management for patients at high risk of pan-vascular diseases through leveraging smart health monitoring devices and systems.

By breaking down barriers between specialties and connecting care within and beyond the hospital, the Pan-vascular Centre is applying integrated medicine to develop an innovative model of chronic disease prevention and management, demonstrating the contribution that private healthcare can make to the community and the wider city.

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ABOUT PARKWAY SHANGHAI HOSPITAL

Parkway Shanghai Hospital is a multi-specialty tertiary hospital co-developed by IHH Healthcare and Shanghai Hongxin Medical Investment Holding Co Ltd. Located at the new Hongqiao International Medical Center, the hospital has a gross floor area of approximately 84,400 square meters, with a capacity of nearly 450 beds.

A Chinese-foreign joint venture tertiary hospital, Parkway Shanghai Hospital is committed to providing high-quality medical services and clinical outcomes that meet international standards, ensuring comprehensive care for patients throughout their treatment journey. The hospital is supported by a team of medical professionals and international medical experts, providing exceptional services to patients within and outside Chinese Mainland. Parkway Shanghai Hospital is a designated medical institution for medical insurance and has established partnerships with international insurance companies and supports direct commercial insurance billing.

Parkway Shanghai Hospital is a member of IHH Healthcare, one of the world's largest healthcare providers. IHH Healthcare entered the Chinese market in 2004 through the Parkway brand founded in Singapore. Currently, its medical network in Shanghai includes Parkway Shanghai Hospital and medical centers located in main districts such as Huangpu, Changning and Pudong New Area. Leveraging IHH healthcare's global scale and reach and the hospital's strategic location in the Hongqiao transportation hub, Parkway Shanghai Hospital offers residents of the Yangtze River Delta region seamless access to one-stop, excellent medical services.

More information about Parkway Shanghai and Parkway Shanghai Hospital can be found at https://www.parkwayshanghai.com/en

ABOUT IHH HEALTHCARE NORTH ASIA

As one of the world's largest private healthcare providers, IHH Healthcare operates 190 healthcare facilities across 10 countries, including 89 hospitals and employs over 76,000 skilled professionals to deliver on our aspiration to Care. For Good. for millions of patients every year.

Through its North Asia operations, IHH Healthcare runs integrated service networks in Hong Kong and Shanghai via the brands Gleneagles Hong Kong and Parkway Shanghai respectively. The network in Hong Kong comprises a multi-specialty teaching hospital Gleneagles Hospital Hong Kong, primary care clinics, specialist centres, an ambulatory care centre, as well as laboratory and pharmacy services. In Shanghai, IHH North Asia serves the city's healthcare needs through a service network including Parkway Shanghai Hospital, medical clinics and a flagship ambulatory care centre.

More information can be found at https://www.ihhhealthcare.com/north-asia.