

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

Procedure Information Sheet – Tympanoplasty (Myringoplasty)

1. Introduction

- 1.1. Repair of perforated eardrum (myringoplasty)
- 1.2. Repair of ossicular chain (ossiculoplasty)
- 1.3. Indications
 - 1.3.1. Perforated eardrum
 - 1.3.2. Control or prevent ear infection
 - 1.3.3. Hearing loss

2. Procedural Preparation

- 2.1. Preoperative examinations may be ordered including *CT scan* or magnetic resonance, blood tests, Chest X-rays, and electrocardiogram.
- 2.2. The indication of operation, procedure and possible complications will be explained by the surgeon and consent will be signed before operation.
- 2.3. Pre-operative anaesthetic assessment will be performed. The anaesthetic management and its possible risks will be explained by the anesthetist.
- 2.4. Inform doctor for any drug allergy, regular medications or other medical conditions.
- 2.5. Do not eat or drink for 8 hours before operation.
- 2.6. Shaving of hair around the ear may be necessary immediately before the operation.

3. Procedure

- 3.1. The operation will be performed under local or general anaesthesia.
- 3.2. Skin incision is made in front or behind of the ear.

4. Recovery Phase

- 4.1. The ear may have a feeling obstruction.
- 4.2. Do not remove the ear packing by yourself. The doctor may take off the packing on follow up.
- 4.3. The suture next to the ear may be removed by the doctor.
- 4.4. You can wash your hair after the sutures are removed. Avoid any water entering to the ear canal.
- 4.5. Avoid vigorous activities or swimming until advised by doctor.
- 4.6. Sneeze gently with the mouth open instead of blowing through your nose.
- 4.7. Avoid flights as the abrupt change in air pressure may rupture the newly repaired eardrum.
- 4.8. It is normal to have postoperative dizziness or a small amount of ear discharge.

5. Risks and Complications

- 5.1. Common Risks and complications ($\geq 1\%$ risk)
 - 5.1.1. Allergic reaction to ear packing
 - 5.1.2. Infection
 - 5.1.3. Bleeding
 - 5.1.4. Loss of taste sensation
 - 5.1.5. Vertigo
 - 5.1.6. Recurrent of ear infection
- 5.2. Uncommon Risks with Serious Consequences ($< 1\%$ risk)
 - 5.2.1. Hearing impairment, total deafness can occur in rare occasion
 - 5.2.2. Facial nerve damage
 - 5.2.3. Death due to serious surgical and anaesthetic complication

6. Follow up after surgery

- 6.1. Follow up as scheduled.



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7. Remark

7.1. The above-mentioned procedural information is not exhaustive, other unforeseen complications may occur in special patient groups or individual differently. Please contact your physician for further enquiry.

8. Reference

8.1. Hospital Authority. Smart Patient Website.

I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

