

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

Procedure Information Sheet – Skin Laser Treatment

1. What is skin laser treatment?

- 1.1. The word laser is the abbreviation of Light Amplification by the Stimulated Emission of Radiation. Different laser systems, each with its own unique properties, are now used in a wide range of dermatological conditions. During skin laser treatment, energy of laser light with specific wavelengths is converted to heat in the skin to selectively destroy the target skin components.
- 1.2. During the treatment, local or topical anaesthesia may be required. If injection of local anaesthesia is needed, you will feel brief stinging pain when the local anesthetic is injected into the area surrounding the lesion to be treated. The anaesthesia will make the skin go numb and it will reduce the discomfort/pain during the treatment.

2. How to prepare?

- 2.1. Before a skin laser treatment, inform your doctor if you:
 - 2.1.1. Are taking any medicines
 - 2.1.2. Have any allergies to any medicines, especially if you have had any reactions to local anaesthetic
 - 2.1.3. Have had any cosmetic procedures in the past
 - 2.1.4. Get cold sores around your mouth
 - 2.1.5. Have any bleeding problems or are taking blood-thinning medicines, such as aspirin or warfarin, etc.
 - 2.1.6. Are or might be pregnant
 - 2.1.7. Have history of vitiligo or skin sensitivities
- 2.2. Please avoid getting tan before the procedure. Sun exposure before and after the procedure can cause irregular pigmented areas on the skin.

3. What are the risks?

- 3.1. The main risks of the laser procedure are:
 - 3.1.1. Pain
 - 3.1.2. Prolonged redness & swelling
 - 3.1.3. Pigmentary changes in treated skin, either lighter or darker in colour which may occasionally be permanent
 - 3.1.4. Crusting
 - 3.1.5. Blistering
 - 3.1.6. Secondary Infection
 - 3.1.7. Scarring (hypertrophic scar/keloid, sunken scar, etc.)
 - 3.1.8. Skin texture changes or slight depression of treated skin
 - 3.1.9. Reactivation of Herpes Simplex Virus
 - 3.1.10. Bleeding & bruising
 - 3.1.11. Itching
 - 3.1.12. Other(s): _____
- 3.2. The main risks of local anaesthesia are:
 - 3.2.1. Anaphylactic drug reactions
 - 3.2.2. Redness & itchiness at treatment/injection site(s)
 - 3.2.3. Pain, bleeding or infection at injection site(s)
 - 3.2.4. Other(s): _____



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- 3.3. This information sheet provides general information pertaining to this procedure. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Unexpected risks and complications not discussed may occur, rarely. Additional operation/therapeutic procedures may be performed if necessary.
- 3.4. Incomplete response or recurrence of treated areas is possible. You may need to undergo further procedure or combine with other treatments in order to achieve the best results.
- 3.5. Please contact your doctor for detailed information and specific enquiry.

4. After the procedure

It is important to do sun protection and minimize sun exposure for several weeks following the procedure. There may be redness, swelling, colour change, crusting, itching, pain or discomfort over the treated areas. You will be given specific advice on how to care for your skin after the procedure.

I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

