

Procedure Information Sheet – Skin Biopsy

Hosp No.	:	HKID No.:
Case No.	:	

Name :

DOB : M/F

Adm Date : Contact No.:

1. What is skin biopsy?

- 1.1. Skin biopsy is a procedure performed to surgically remove the entire or part of the skin lesion under sterile technique. It is performed under local anesthesia. In most cases, stitches are necessary to close the biopsy wound. The sample taken from a skin biopsy is examined to provide information about your medical condition. It helps your doctor to diagnose or rule out certain skin conditions and diseases.
- 1.2. You will feel brief stinging pain when the local anesthetic is injected into the area surrounding the lesion to be treated. This will make the skin go numb so you should not feel any pain when the skin sample is removed during the procedure.

2. How to prepare?

- 2.1. Before a skin biopsy, inform your doctor if you:
 - 2.1.1. Are taking any medicines
 - 2.1.2. Have any allergies to any medicines, especially if you have had any reactions to local anaesthetic
 - 2.1.3. Have any bleeding problems or are taking blood-thinning medicines, such as aspirin or warfarin, etc.
 - 2.1.4. Are or might be pregnant
- 2.2. No special preparation is needed before having this test. Take your regular medications as usual. You do not need to fast before the procedure.

3. What are the risks?

- 3.1. The main risks of skin biopsy are:
 - 3.1.1. Wound pain and infection
 - 3.1.2. Bleeding and bruising
 - 3.1.3. Wound gapping
 - 3.1.4. Pigmentary changes in treated skin, either lighter or darker in color which may be permanent
 - 3.1.5. Scarring (overgrown scar such as hypertrophic scar or keloid, sunken scar, etc.)
 - 3.1.6. Nerve damage
 - 3.1.7. Others: _____
- 3.2. The main risks of local anaesthesia are:
 - 3.2.1. Allergy including anaphylactic drug reactions
 - 3.2.2. Redness & itchiness at treatment/injection site(s)
 - 3.2.3. Pain, bleeding or infection at injection site(s)
 - 3.2.4. Others:
- 3.3. This information sheet provides general information pertaining to this operation. While common risks and complications are described, the list is not exhaustive, and the degree of risk could also vary between patients. Unexpected risks and complications not discussed may occur, rarely. Additional operation/therapeutic procedures may be performed if necessary.
- 3.4. Incomplete response or recurrence of treated areas is possible. You may need to undergo further operation or combine with other treatments in order to achieve the bestresults.
- 3.5. Please contact your doctor for detailed information and specific enquiry.

4. After the procedure

- 4.1. You will be given specific instructions on how to care for your biopsy site. Keep the biopsy site clean and dry until it heals completely. Adhesive bandages should remain in place until they fall off. Follow instructions regarding when to have wound dressing.
- 4.2. Your stitches will be taken out 7 to 14 days after the biopsy, depending on the biopsy site. We will arrange appointment for you to remove the stitches. For shave biopsies that do not require stitches, continue wound care until your skin has healed.



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4.3.	Your wound may	be tender 1-2	hours after t	he proced	ure when	the local	anaesthetic	wears off.	The site
	may be sore or bl	eed slightly for	r several day	/S.					

- 4.4. Contact our clinic if you have:
 - 4.4.1. Excessive bleeding or discharge through the bandage. If excessive bleeding occurs, press on the wound firmly with a clean gauze and contact us
 - 4.4.2. Worsening pain, spreading redness, or swelling around the biopsy site
 - 4.4.3. Fever
 - 4.4.4. Other concerns

I acknowledged t	he above	information	concerning	the operation	or procedure.	I have a	also been	given the
opportunity to ask	questions	s and receive	ed adequate	explanations of	concerning the	condition	and treatr	nent plan.

Patient/ Relative Signature:	
Patient/ Relative Name:	
Date:	



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