

Procedure Information Sheet – Nasoendoscopy

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

1. Introduction

- 1.1. Nasoendoscopy is an examination of the nose, nasopharynx, larynx, pharynx and adjacent areas.
- 1.2. Take biopsy or excision for the suspicious lesions if indicated.
- 1.3. To perform other surgeries through the endoscope.

2. Pre-operative Preparations

- 2.1. A written informed consent is required.
- 2.2. Continue inhalational therapy for patient suffering from chronic airway diseases.
- 2.3. Please clean the oral and nasal cavities before the examination.
- 2.4. Remove dentures, spectacles, contact lens, and metallic accessory before the procedure.
- 2.5. Patient should inform the medical staff of any major medical problems including:
 - 2.5.1. Diabetes, hypertension, valvular heart disease and respiratory diseases, and continue their medications as instructed
 - 2.5.2. Information regarding their current medications especially the use of antiplatelet and anticoagulation drugs and history of drug allergy
 - 2.5.3. Allergic history
 - 2.5.4. Pregnancy

3. Procedures

- 3.1. Local anaesthetic agent may be sprayed into the nose
- 3.2. Supplemental oxygen therapy may be required.
- 3.3. A small flexible endoscope is passed through the nostril to visualize the lining of the nose, throat and vocal cord directly.
- 3.4. The patient can breathe normally throughout the procedure.
- 3.5. Monitor the vital sign closely throughout the whole procedure.

4. Post-operative Instructions

- 4.1. Please inform the nurse(s) for nasal pain. Analgesics may be given as prescribed by the doctor.
- 4.2. The throat will feel numb for around one hour after local anesthesia.
- 4.3. Resume normal diet after the effects of the anaesthetic wear off.

5. Possible Risks and Complications

- 5.1. The procedure is relatively safe and complication is rare:
 - 5.1.1. Severe nose bleeding: <1%
 - 5.1.2. Injury of the aerodigestive tract :<0.5%
 - 5.1.3. Perforation of hypopharynx and oesophagus: <0.5%
 - 5.1.4. Anaphylaxis to anaesthetic agent

6. Reference

- 6.1. Hospital Authority. Smart Patient Website.
- 6.2. Medscape (2016). Clinical procedure: Nasal Endoscopy.



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I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

