

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

Procedure Information Sheet - General Anaesthesia (GA)

1. Introduction

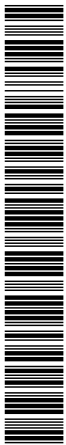
- 1.1. General Anaesthesia (GA) refers to a carefully monitored state of drug-induced, reversible unconsciousness, with loss of protective reflexes, when patient will experience variable degrees of amnesia, analgesia, muscle relaxation and sedation. General Anaesthesia will be administered by an anaesthesiologist during the operative procedure.
- 1.2. It involves administering intravenous anaesthetic drugs, anaesthetic gases or a combination of both.
- 1.3. An anaesthesiologist will stay with you all the time during the anaesthesia to ensure your safety during your operation.
- 1.4. You will be given pain relieving drugs during and after your operation. Your anaesthesiologist will discuss with you the different choices for pain relief during your pre-operative assessment.
- 1.5. The planning of GA includes:
 - 1.5.1. Pre-operative assessment with clear explanation by anaesthesiologist.
 - 1.5.2. During the operation, your anaesthesiologist will be monitoring your physiological condition closely and titrate medication according to your condition and requirement.
 - 1.5.3. The duration and level of anaesthesia is tailored to your condition and surgical requirement.
 - 1.5.4. After the operation, you will stay in the post anaesthesia unit for monitoring before discharge to the ward.

2. Procedural Preparation

- 2.1. You should not eat for at least 6 hours before the operation to minimize the risk of aspiration. Drinking of clear fluid would be allowed up to 2-3hrs before operation.
- 2.2. In your pre-anaesthetic assessment, the anaesthesiologist will ask your medical, surgical, anaesthetic, allergy, social and medication history and perform a physical examination.
- 2.3. Your anaesthesiologist will advise you on which medications you should or should not take on the day of your operation. Relevant medication can be taken with sips of water according to anaesthesiologist's instructions.
- 2.4. You may be given premedication at the discretion of your anaesthesiologist.
- 2.5. A valid consent form for GA should be signed after comprehensive assessment and clear explanation by the anaesthesiologist.

3. Procedure

- 3.1. On arrival to the operation theatre, our nursing staff together with the surgeon and anaesthesiologist in charge will check to confirm your name, the operation and the site of operation before induction of anaesthesia.
- 3.2. In the operating theatre, your anaesthesiologist, surgeon or operating nursing staff will insert a plastic catheter into your vein for giving medication, fluid and blood transfusion if required.
- 3.3. Various monitors will be attached to you. The degree of monitoring depends on your physical condition and the nature of the operation. The aim is to monitor your vital signs including blood pressure, heart rate, rhythm and oxygen saturation throughout the procedure to ensure your utmost safety.
- 3.4. At induction of anaesthesia, oxygen will be given via a facemask, then your anaesthesiologist will administer and titrate calculated doses of anaesthetic agents in a safe manner according to your condition and surgical requirements.
- 3.5. After you fall asleep, your anaesthesiologist will need to insert a plastic tube (called an endotracheal tube) through your mouth into your windpipe, or other alternative equipment to maintain the patency of your airway and to ensure adequate.
- 3.6. Your anaesthesiologist will stay with you all the time to monitor your vital signs, give you treatment as necessary to ensure your safety during the anaesthesia.



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I, _____ acknowledged that the above information concerning the operation or procedure has been explained by Dr _____. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Name:	
Patient No.:	Case No.:
Sex / Age:	Unit Bed No.:
Case Reg. Date & Time:	

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

