

|               |           |
|---------------|-----------|
| Hosp No. :    | HKID No.: |
| Case No. :    |           |
| Name :        |           |
| DOB :         | M / F     |
| Adm Date :    |           |
| Contact No. : |           |

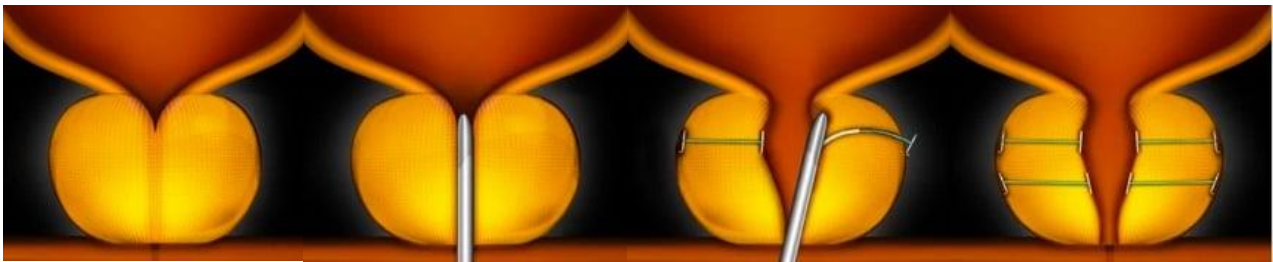
## Procedure Information Sheet – UroLift

### 1. Introduction

- 1.1. Benign prostate hyperplasia (BPH) is the most common disease in male patient with urological problem. They need to take medications after the diagnosis but sometimes the medications do not provide adequate relief and may cause some side effects, for example, dizziness, fatigue, and sexual dysfunction.
- 1.2. Medications do not need to become a lifelong burden and they do not need to wait until surgery is required to address the problem. With the UroLift system treatment, men patient with urological problem can avoid the traditional surgery.

### 2. The Procedure

- 2.1. The procedure can be performed under monitored anesthesia or spine anesthesia.
- 2.2. The simple UroLift delivery device is placed through the obstructed urethra to access the enlarged prostate.
- 2.3. Tiny UroLift implants are permanently placed to lift and hold the enlarged prostate tissue and increase the opening of the urethra.
- 2.4. The UroLift system treatment provides fast and reliable symptom relief by opening the obstructed urethra.
- 2.5. Sexual function and ejaculation is not affected.



### 3. Possible Risk and Complications

- 3.1. Complication of anesthesia
- 3.2. Frequent urination
- 3.3. Mild burning with urination
- 3.4. Mild hematuria
- 3.5. Urinary tract infection
- 3.6. Urethral stricture

### 4. Preparation before the procedure

- 4.1. Patient will be asked not to eat or drink for 6-8 hours before operation.
- 4.2. Inform your doctor of any medical condition (for example diabetes, heart diseases, high blood pressure, etc.) and any medications you are currently taking.
- 4.3. Some drugs including anticoagulants like blood thinners and aspirin may need to stop before operation.

### 5. After the procedure

- 5.1. Drink at least 2 liters of water per day.
- 5.2. No strenuous activity for 1 week after the procedure.
- 5.3. Please go to Accident and Emergency Department if fever, excessive bloody urine, painful, swollen testicles or scrotum or unable to urinate.
- 5.4. Continue to take all prescribed medications but check with your doctor before taking anticoagulants like aspirin or blood thinners.
- 5.5. Avoid dietary irritants foods for 2 weeks after procedure.

