

Procedure Information Sheet – Vasectomy

Hosp No. : HKID No.:

Case No. :

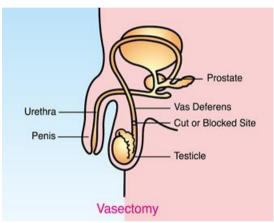
Name :

DOB : M/F

Adm Date : Contact No.:

1. Introduction

- 1.1. Vasectomy is an operation considered as permanent male sterilization. The operation is to cut and tie the Vas Deferens that sperm can pass from testicles to the penis.
- 1.2. This operation will not affect the sex drive and sex ability. However, you will not immediately sterile because some sperms already passed beyond the site of tube where tied off. In general, about 20 times of ejaculation is headed to clear the sperms. So you are advised to use birth control method before your doctor confirm that the semen does not contain sperm.



(Picture from The Family Planning Association of Hong Kong Website Information sheet Vasectomy)

2. Before the procedure

- 2.1. A written consent is necessary
- 2.2. Patient will be asked not to eat or drink for 6-8 hours (or instructed by Doctor) before operation if performed under anesthesia.
- 2.3. Inform your doctor of any medical condition (for example diabetes, heart diseases, high blood pressure, etc.) and any medications currently taking, because some drugs including blood thinners & aspirin may need to be stopped before operation.

3. The Procedures

3.1. Two tiny incisions are made on each side of scrotum, then cut the vas deferens (each side) and remove a small piece of tissue, the tubes are tied off or sealed off. The wound is closed with stitched.

4. Possible risks and complications

- 4.1. Mild bruising and scrotal swelling
- 4.2. Blood in semen in first few time ejaculate
- 4.3. Chronic testicular pain or discomfort
- 4.4. Infection or inflammation of testicle

This list is not exhaustive and rare complications cannot be listed.

5. After the procedure

- 5.1. Try avoid heavy lifting or strenuous activities should be avoided for first few days.
- 5.2. If any severe wound pain, or severe wound swelling, secretion of pus or massive bleeding, fever or any signs of infection, you are advised to seek doctor consultation and medical care immediately.



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6. Remark

6.1. This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information, please contact your doctor.

7. References

- 7.1. The British Association of Urological Surgeons Website.
- 7.2. The Family Planning Association of Hong Kong Website.
- 7.3. Healthy Male Andrology Australia, Vasectomy.

I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature:	
Patient/ Relative Name:	
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Date:	

