

Procedure Information Sheet – Using Intrauterine Contraceptive Device (IUCD)

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

1. Introduction

- 1.1. The IUCD is a small device placed inside the uterus to prevent pregnancy. It is highly effective, but about 0.8 women out of 100 users may still become pregnant in one year of use.
- 1.2. It can be removed if you wish to have a baby or have side effects or complications. The IUCD used in our Department can last for 5 years and should be changed every 5 years.

2. Checking your IUCD

- 2.1. A thread is attached to the IUCD so that you can check to see if it is in position, but you should not pull on the thread since this may displace the device.
- 2.2. Checking can be done after each menstrual period, or more frequently if you wish.
- 2.3. You should have yearly checkup at Maternal Child Health Centres, the Family Planning Association or by your private doctor if you did not check the thread yourself.

3. Contraindication and Precaution

- 3.1. You are advised not to have IUCD insertion if you have the following conditions:
 - 3.1.1. Known or suspected pregnancy
 - 3.1.2. Active pelvic infection
 - 3.1.3. Known uterine anomalies
 - 3.1.4. Copper allergy
- 3.2. You may have additional risks if you have the following conditions:
 - 3.2.1. Past history of ectopic pregnancy
 - 3.2.2. Un-investigated abnormal vaginal bleeding
 - 3.2.3. High risk for sexually transmitted diseases
 - 3.2.4. Cardiac disease / epilepsy

4. Conditions where Additional Contraception is Required

- 4.1. Thread not felt.
- 4.2. Part of the IUCD felt by you or your sex partner.
- 4.3. Expulsion of IUCD If excretion of capsule cannot be verified, please contact the doctor.

5. Pregnancy

- 5.1. Women using IUCD still have a very small chance of pregnancy.
- 5.2. The device is less effective in preventing extrauterine pregnancy than intrauterine pregnancy.
- 5.3. Therefore, if your menses is delayed, having unusually scanty period (except those on Mirena hormonal IUCD) or other signs of pregnancy, you must have a pregnancy test.
- 5.4. If you are pregnant, you must consult a doctor immediately to exclude ectopic pregnancy.

6. Side Effects and Complications

- 6.1. Vaginal bleeding may occur after insertion of IUCD. Bleeding between menstrual periods, usually in the form of spotting, may also occur during the first few months. The first few menstrual periods after the insertion may be heavier or longer. If this type of bleeding persists or worsens, consult the doctor.
- 6.2. Uterine cramps or backache may accompany the insertion and the first few menstrual periods. It usually lasts for a few days. If your pain cannot be relieved by simple analgesics, you should call us or consult other doctors like the Accident & Emergency Department.
- 6.3. Other possible complications include the followings but not exclusive:
 - 6.3.1. Partial / complete uterine / cervical perforation
 - 6.3.2. Pelvic infection

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No.:	

Procedure Information Sheet – Using Intrauterine Contraceptive Device (IUCD)

7. Reference

I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Name:

Date: _____

