

Patient Information Sheet – Laparoscopic Ovarian Cystectomy / Salphingo-oophorectomy

Hosp No.	:	HKID No.:
Case No		

Name :

DOB : M/F

Adm Date : Contact No.:

Clinical diagnosis:			
Indication for surgery : ovarian cyst /	·		

1. Nature of operation

- 1.1. General anaesthesia
- 1.2. Pneumoperitoneum created by insufflation of carbon dioxide
- 1.3. Incisions made
- 1.4. Telescope and instruments passed into abdomen
- 1.5. Ovarian cystectomy/salpingo-oophorectomy done
- 1.6. Specimen removed with zipper bag
- 1.7. May need to remove specimen vaginally
- 1.8. Abdominal (and vaginal) wounds closed
- 1.9. All tissue removed will be sent to the Department of Pathology or disposed of as appropriate unless otherwise specified
- 1.10. Photographic and/or video images may be recorded during the operation for education/ research purpose.

Please inform our staff if you have any objection.

- 1.11. Similarities with the open procedure
 - 1.11.1. Same pathology removed
 - 1.11.2. Same sequelae
- 1.12. Differences from the open procedure
 - 1.12.1. 3-4 smaller abdominal wounds ± vaginal wound
 - 1.12.2. Less painful
 - 1.12.3. Faster postoperative recovery
 - 1.12.4. Earlier discharge
 - 1.12.5. Shorter sick leave required

2. Benefits of the procedure

- 2.1. Remove the ovarian cyst to avoid complications such as bleeding, torsion and rupture
- 2.2. For definitive diagnosis

3. Other consequences after the procedure

- 3.1. No effect on hormonal status in the presence of normal ovarian tissue
- 3.2. Cyst rupture and possible spread of disease if malignant
- 3.3. Possible adverse effect on future fertility
- 3.4. Risk of recurrence of the cyst, especially for endometriotic cysts

4. Risks and complications may include, but are not limited to the following

- 4.1. Women who are obese, who have significant pathology, who have undergone previous surgery or who have pre-existing medical conditions must understand that the quoted risks for serious or frequent complications will be increased.
- 4.2. Anaesthetic complications
- 4.3. Similar complications as open ovarian cystectomy/salpingo-oophorectomy
- 4.4. Serious:
 - 4.4.1. Failure to gain entry into abdominal cavity and to complete intended procedure, requiring laparotomy
 - 4.4.2. Bleeding, may need blood transfusion
 - 4.4.3. Salpingo-oophorectomy during cystectomy if bleeding is excessive or ovary is badly damaged



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- 4.4.4. Injury to neighbouring organs especially the bladder, ureters and bowels
- 4.4.5. Return to theatre because of complications like bleeding, wound complication
- 4.4.6. Pelvic abscess/infection
- 4.4.7. Deep vein thrombosis and pulmonary embolism
- 4.4.8. Death, 3-8 women in every 100000 undergoing laparoscopy die as a result of complications (very rare)
- 4.4.9. Wound complications including hernia (lower incidence)

4.5. Frequent:

- 4.5.1. Fever
- 4.5.2. Higher risk of rupture of cyst and spillage of its content; consequence of spillage
- 4.5.3. Shoulder tip pain
- 4.5.4. Frequency of micturition, dysuria and urinary tract infection
- 4.5.5. Wound complications including infection, pain, bruising, delayed wound healing, keloid formation
- 4.5.6. Numbness, tingling or burning sensation around the scar
- 4.5.7. Internal scarring with adhesion
- 4.5.8. May have dyspareunia following vaginal wound suturing

5. Risks of not having the procedure

- 5.1. May develop cyst complications (like torsion, bleeding, rupture)
- 5.2. Unsure pathology and potential undiagnosed malignancy

6. Possible alternatives

- 6.1. Laparoscopic cystectomy versus salpingo-oophorectomy
- 6.2. Laparoscopic bilateral salpingo-oophorectomy
- 6.3. Laparoscopic assisted vaginal hysterectomy, bilateral salpingo-oophorectomy
- 6.4. Open approach
- 6.5. Others

7. Other associated procedures (which may become necessary during the operation)

- 7.1. Blood transfusion
- 7.2. Laparotomy (less than 5 in every 100)
- 7.3. Repair to bladder, bowel or major blood vessels
- 7.4. Removal of the tube, the other adnexal organs and the uterus

8. Any special follow up

- 8.1. Consideration of hormonal therapy if the ovaries are removed before menopause, the side effects include increased risk of carcinoma of breast, deep vein thrombosis and gall stones; you may need to pay for the treatment if you do not have any climacteric symptoms
- 8.2. Further treatment may be necessary in case of malignancy



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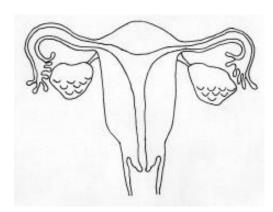
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9. Statement of patient:

9.1. Procedure(s) which should not be carried out without further discussion



I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature:	
Patient/ Relative Name:	
Date:	



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