

Procedure Information Sheet – Abdominal Myomectomy

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

Clinical Diagnosis: Fibroid

Indication for Surgery: Heavy menstrual flow / Pelvic or abdominal mass / Pressure symptoms
/ _____

1. Nature of the procedure

- 1.1. Medication may be given to reduce blood loss
- 1.2. General anaesthesia
- 1.3. Peritoneal cavity entered
- 1.4. Incision over the fibroid(s) and fibroid(s) removed
- 1.5. Uterine wound closed
- 1.6. Abdominal wound closed
- 1.7. All tissue removed will be sent to the Department of Pathology or disposed of as appropriate unless otherwise specified.
- 1.8. Photographic and/or video images may be recorded during the operation for education/ research purpose. Please inform our staff if you have any objection.

2. Benefits of the procedure

- 2.1. Improvement of symptoms
- 2.2. Definitive diagnosis

3. Other consequences after the procedure

- 3.1. Risk of uterine rupture during pregnancy
- 3.2. Fertility may be affected
- 3.3. May need Caesarean section in future pregnancy

4. Risks and complications (may include, but are not limited to the following)

- 4.1. Women who are obese, who have significant pathology, who have undergone previous surgery or who have pre-existing medical conditions must understand that the quoted risks for serious or frequent complications will be increased.
- 4.2. Anaesthetic complications
- 4.3. Serious:
 - 4.3.1. Bleeding, may need blood transfusion
 - 4.3.2. Injury to neighbouring organs especially the bladder, ureters and bowels
 - 4.3.3. May need to perform hysterectomy(1 to 2 in every 100, uncommon)
 - 4.3.4. Procedure may not be feasible in case of adenomyosis, fibroid not identifiable because of small size/too deep seated, or too many fibroids
 - 4.3.5. Return to theatre because of complications like bleeding, wound dehiscence
 - 4.3.6. Pelvic haematoma
 - 4.3.7. Deep vein thrombosis and pulmonary embolism
 - 4.3.8. Pelvic abscess/infection
 - 4.3.9. Incisional hernia
 - 4.3.10. Possible adverse effect on future fertility because of adhesion
 - 4.3.11. Astherman's syndrome if the uterine cavity was severely affected
 - 4.3.12. Up to 3 in every 10 patients(very common) may require another operation for recurrence in 10 years
- 4.4. Frequent:
 - 4.4.1. Fever(1.2 to 3.8 in every 10, very common))
 - 4.4.2. Frequency of micturition, dysuria and urinary tract infection



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- 4.4.3. Wound complications including infection(2 to 5 in every 100, common), pain, bruising, delayed wound healing, keloid formation
- 4.4.4. Numbness, tingling or burning sensation around the scar
- 4.4.5. Internal scarring with adhesion

5. Risk of not having the procedure

- 5.1. Persistent or worsening of symptoms (menorrhagia/ pelvic or abdominal mass/ pressure symptoms)
- 5.2. Exact diagnosis cannot be ascertained

6. Possible alternatives

- 6.1. Non-surgical treatment including observation or medical treatment
- 6.2. Hysterectomy
- 6.3. Uterine artery embolisation
- 6.4. Laparoscopic/vaginal/hysteroscopic approach
- 6.5. Others _____

7. Other associated procedures (which may become necessary during the operation)

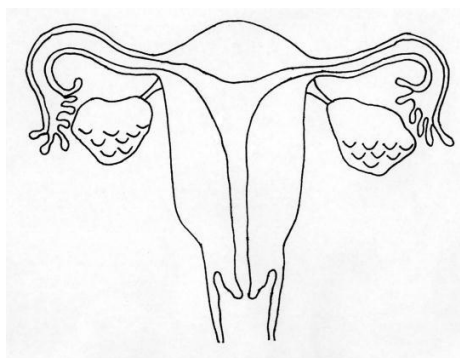
- 7.1. Blood transfusion
- 7.2. Hysterectomy

8. Special follow-up issue

- 8.1. Nil

9. Statement of patient

- 9.1. Procedure(s) which should not be carried out without further discussion



I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

