

Procedure Information Sheet – Local Anaesthesia

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

1. Introduction

- 1.1. A local anaesthesia (LA) is used to numb a small part of the body. It used to prevent or relieve pain but will not put patient to sleep.
- 1.2. There are different ways to provide LA which include surface anaesthesia, infiltration anaesthesia, field anaesthesia and peripheral nerve block through drops, spray, ointments or injections.

2. Procedural Preparation

- 2.1. The anaesthetic procedure and possible complications will be explained by the doctor and consent for anaesthesia will be signed.
- 2.2. Show all the usual medications to the doctor or responsible nurse and state any allergy history before the procedure.
- 2.3. Fasting for the procedure is not required.

3. Procedure

- 3.1. Doctor or nurse will explain the LA procedure and apply the LA drugs to your operation site.
- 3.2. The skin will be disinfected by alcohol before an injection.
- 3.3. It is painful on injection and the pain will diminish when the LA drug have effect.

4. Possible Risks and Complications

- 4.1. LA is a very safe technique and much less risky procedure compared with other forms of anaesthesia.
- 4.2. Sometime local anaesthesia alone may not be sufficient for pain control. Further intravenous sedation or higher level of anaesthesia may be required.
- 4.3. Common side effects and complications of LA:
 - 4.3.1. Nerve damage, usually temporary which will recover after a period of weeks to months. It may cause prolonged numbness of the body part that. Permanent damage is rare.
 - 4.3.2. Hematoma or Bruising. You are more likely to get a hematoma if you are taking blood- thinning agents or anti-platelet drugs such as Aspirin, Warfarin, Plavix, etc.
 - 4.3.3. Failure of LA. This may require a further injection of anaesthetic or a different method of anaesthesia.
- 4.4. Less common side effects and complications of LA:
 - 4.4.1. Allergy to LA drugs.
 - 4.4.2. Infection.
 - 4.4.3. Damage to surrounding structures such as blood vessels, nerves and muscles.
- 4.5. Other systemic adverse effects occur rarely and only if the amount of LA drugs used exceed the recommended range, for example:
 - 4.5.1. Convulsion
 - 4.5.2. Coma
 - 4.5.3. Respiratory depression
 - 4.5.4. Cardiac arrhythmia or arrest

5. Remarks

- 5.1. The above mentioned procedural information is by no means exhaustive, other unforeseen complications may occur in special patient groups or different individual. Please contact your physician for further enquiry.

6. Reference

- 6.1. Consent Information: Local Anaesthetic for your procedure. Queensland Health, The State of Queensland.

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I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

