

Procedure Information Sheet – Direct Laryngoscopy (DL) / Microlaryngoscopy (ML)

Hosp No. :	HKID No.:
Case No. :	
Name :	
DOB :	M / F
Adm Date :	
Contact No. :	

1. Introduction

- 1.1. Examination of the larynx and adjacent areas.
- 1.2. Biopsy or excision of suspicious lesions.
- 1.3. Provision of access for other throat and laryngeal procedure.
- 1.4. Indications: Lesions in the larynx and related area.

2. Procedural Preparation

- 2.1. It is possible to undergo preoperative examinations including *CT scan* or magnetic resonance imaging, blood tests, Chest X-rays, and electrocardiogram (ECG).
- 2.2. The indication of operation, procedure and possible complications will be explained by the surgeon and consent will be signed before operation.
- 2.3. Pre-operative anesthetic assessment will be performed. The anesthetic management and its possible risks will be explained by the anesthetist.
- 2.4. Inform doctor for any drug allergy, regular medications or other medical conditions.
- 2.5. Do not eat or drink for 8 hours before operation.

3. Procedure

- 3.1. The operation will be performed under general anaesthesia.
- 3.2. A laryngoscope is inserted into your throat and the area is examined with microscope or endoscope.
- 3.3. Appropriate procedure will then be performed.

4. Recovery Phase

- 4.1. There may be throat discomfort after the operation which usually improves after a few days.
- 4.2. You may have to rest your voice as instructed.

5. Possible Risks and Complications

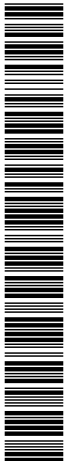
- 5.1. Common Risks and Complications ($\geq 1\%$ risk)
 - 5.1.1. Bleeding.
 - 5.1.2. Pain.
 - 5.1.3. Infection.
 - 5.1.4. Trauma to oral tissue.
- 5.2. Uncommon risks with serious consequences ($< 1\%$ risk)
 - 5.2.1. Teeth injury causing loosening, fracture and pain.
 - 5.2.2. Temporomandibular joint injury causing pain, trismus and subluxation.
 - 5.2.3. Voice changes.
 - 5.2.4. Upper airway obstruction.
 - 5.2.5. Postoperative pulmonary edema.
 - 5.2.6. Cervical spine injury.
 - 5.2.7. Loss of taste (temporary or permanent).
 - 5.2.8. Death due to serious surgical and anaesthetic complications.

6. Follow up after surgery

- 6.1. Follow up as scheduled.

7. Remark

- 7.1. The above-mentioned procedural information is not exhaustive, other unforeseen complications may occur in special patient groups or individual differently. Please contact your physician for further enquiry.



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8. Reference

8.1. Hospital Authority. Smart Patient Website.

I acknowledged the above information concerning the operation or procedure. I have also been given the opportunity to ask questions and received adequate explanations concerning the condition and treatment plan.

Patient/ Relative Signature: _____

Patient/ Relative Name: _____

Date: _____

