

MEDIA RELEASE

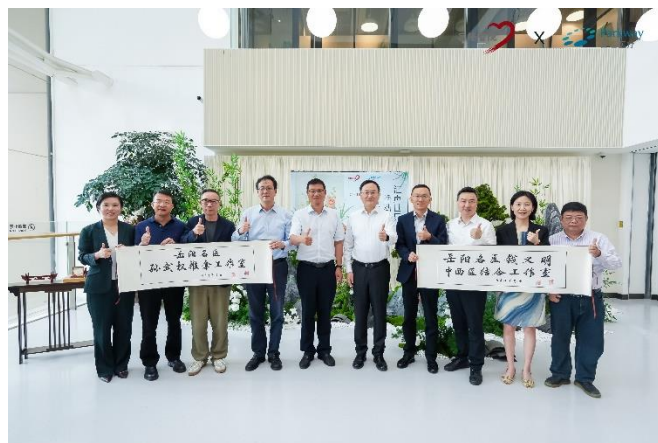
Hong Kong, 16 June 2026

“Echoes of the World, Pulse of China”

When Traditional Chinese Medicine Meets International Healthcare: Parkway and Yueyang Hospital Open a New Chapter in Integrated Chinese and Western Medicine

On 18 June, 2026, the Traditional Chinese Medicine (TCM) cultural experience and international exchange event, “Echoes of the World, Pulse of China,” was successfully held at Parkway MediCentre Xintiandi. The event was hosted by Yueyang Hospital of Integrated Traditional Chinese and Western Medicine and Shanghai University of Traditional Chinese Medicine, and was jointly organized by Parkway Shanghai, shedding light on the core principles of Traditional Chinese Medicine. The event created a bridge for cultural exchange between Chinese and Western medicine and offered expatriates and residents in Shanghai an immersive TCM wellness experience, helping to further strengthen the international healthcare services in Shanghai.

Distinguished guests who attended at the event included Director Zhao Bin, Temporary Assignment Cadre, Traditional Chinese Medicine Supervision and Development Division Shanghai Municipal Health Commission; Mr. Wang Wei, Deputy Secretary of the Health Working Committee and Director of the Health Commission of Huangpu District; Mr. Hu Junfeng, Member of the Party Working Committee and Deputy Director of the Huangpu District Health Commission; Ms. Zhou Jia, Chief of the Medical Administration Division, Huangpu District Health Commission; Mr. Kang Yongli, Deputy Secretary of the Party Working Committee and Director of the Subdistrict Office, Middle Huai Hai Road; Mr. Yao Zheng, Vice president of the Yueyang Hospital and Ms. Chloe Li, Chief Executive Officer of Clinic Operations, Parkway Shanghai. Expatriates from various countries residing in Shanghai also participated in the on-site experiences and interactive exchanges. Additionally, the event featured the official unveiling ceremony for the “Qian Yiming Integrated Traditional Chinese and Western Medicine Workstation” and the “Sun Wuquan Tuina Workstation.”



The event began with a graceful Tai Chi performance that reflected the balance, softness, and strength of Chinese traditional wellness culture. Victoria King, a British doctor at Parkway as a Tai Chi enthusiast took part in the performance. Her participation added an international dimension to the opening and gave expatriate guests a vivid and memorable introduction to the rich heritage of Traditional Chinese Medicine.



Foreign guests experienced Tai Chi demonstrations and the making of traditional Chinese herbal sachets

In his remarks, Director Zhao Bin, Temporary Assignment Cadre, Traditional Chinese Medicine Supervision and Development Division Shanghai Municipal Health Commission spoke highly of the collaboration between government authorities, public hospitals, and private medical institutions. He noted that Traditional Chinese Medicine is not only a treasured part of China's traditional culture, but also a distinctive strength of the nation's healthcare system. As an international metropolis, Shanghai bears an important responsibility in promoting the global development of TCM and advancing innovation in integrated Chinese and Western medicine. He further commented that the partnership between Yueyang Hospital and Parkway Medical closely aligns with Shanghai's broader goals of preserving, innovating, and internationalizing TCM. Yao Zheng, Vice President of Yueyang Hospital noted this partnership with Parkway represents an important step in Yueyang Hospital's efforts to advance the internationalization of TCM and the development of integrated Chinese and Western medicine. Through the two specialist workstations, both sides will continuously deliver high-quality TCM clinical expertise, academic insights, and wellness education. With culture as the vehicle and technology as the means, aiming to help more friends at home and abroad recognize, understand, and experience Traditional Chinese Medicine.



Left: Director Zhao Bin, Temporary Assignment Cadre, Traditional Chinese Medicine Supervision and Development Division Shanghai Municipal Health Commission

Right: Mr. Yao Zheng, Vice President of Yueyang Hospital

Wang Wei, Deputy Secretary of the Huangpu District Health Work Committee and Director of the Huangpu District Health Commission, offered remarks from the perspective of regional healthcare development. He noted that Huangpu District, as the core area of Shanghai, brings together premium commercial districts, expatriate communities, and strong medical resources, making it an important hub for the development of international healthcare services. In recent years, Huangpu has actively promoted the integration of Chinese and Western medicine, expanded access to high-quality healthcare resources, and continuously improved the level of international medical services to better meet the diverse health needs of both local residents and expatriates. The successful launch of this event in Huangpu is a strong example of resource integration and service innovation through the combination of Parkway's international service system with Yueyang Hospital's leading TCM resources, the partnership helps address the gap in TCM services for expatriates and provides high-quality diagnosis, treatment, and wellness services tailored to international needs, supporting Huangpu's vision of becoming a warm, distinctive, and high-level international healthcare destination.



Mr. Wang Wei, Deputy Secretary of the Huangpu District Health Work Committee and Director of the Huangpu District Health Commission

Chloe Li, Chief Executive Officer of Clinic Operations, Parkway Shanghai, shared the company's vision and strategic priorities in Shanghai's international healthcare market. She

noted that Parkway has been established in Shanghai for more than 20 years and has consistently upheld a service philosophy of “international standards with local expertise” and is committed to integrating high-quality medical resources from around the world with leading local healthcare talent to provide premium, one-stop medical services for both local and international patients, including direct billing with major international insurance providers. As preventive care, chronic disease management, rehabilitation, and wellness services continue to gain importance, demand for TCM has grown steadily among both Chinese and foreign communities, making integrated Chinese and Western medicine an increasingly important direction in premium healthcare. The partnership with Yueyang Hospital, a national leader in integrated medicine, marks an important milestone in Parkway's efforts to further strengthen its integrated healthcare strategy and enhance its international service system. Looking ahead, Parkway will continue to leverage its global network, standardized service framework, and international insurance direct billing capabilities, together with Yueyang Hospital's leading TCM expertise, to provide professional, efficient, and integrated healthcare in a comfortable, private, and convenient environment.



Ms. Chloe Li, Chief Executive Officer of Clinic Operations, Parkway Shanghai

Hosted at Parkway MediCentre Xintiandi, this event featured an innovative "five-sense immersive" TCM experience, breaking away from the traditional single-format lecture approach to make abstract TCM theories tangible and accessible. To the soothing melodies of guzheng music, international guests explored the integrated experience zone, where they identified authentic medicinal herbs up close and sampled seasonal wellness teas, gaining firsthand insight into the Eastern philosophy that emphasizes the connection between food and medicine. The on-site sachet-making workshop received unanimous praise from attendees. In the TCM experience area, physicians from Yueyang Hospital's departments of Integrated Traditional Chinese and Western Medicine, Tuina, Acupuncture, Gynecology, and Dermatology provided on-site TCM consultations, acupuncture, tuina therapy for guests from the United States, the United Kingdom, Germany, Russia, India, South Korea, Malaysia, Egypt, and other countries — all of which were met with widespread acclaim.

Building on the strengths of both institutions, the two workstations will focus on areas such as sub-health management, cardiovascular conditions, post-operative rehabilitation, and musculoskeletal care. They will provide regular services including acupuncture, specialized Tuina, herbal treatment, and integrated Chinese and Western medicine health management.

All services are available by appointment, eliminating the need to queue, and can be settled either directly or through major international insurance providers, fully meeting the needs of expatriate patients and other international clients.



Left | The on-site TCM consultations offered by the experienced TCM expertise team from Yueyang Hospital

Upper right | The official opening of "The Qian Yiming Integrated Traditional Chinese and Western Medicine Workstation"

Lower right | The official opening of "The Sun Wuquan Tuina Workstation"



Looking ahead, Parkway will continue to strengthen its strategic partnership with Yueyang Hospital. Leveraging Huangpu District's international advantages, both sides will further integrate high-quality TCM resources with international medical services, while regularly organizing cultural exchange activities, specialist consultations, and health education programs. Through these efforts, the partnership will continue to refine an international model of integrated healthcare, enrich Shanghai's international medical tourism offerings, broaden the global reach of Traditional Chinese Medicine, and support Shanghai's development as a world-class international healthcare hub.

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About Parkway Shanghai

Part of IHH Healthcare, a world-leading integrated healthcare provider, Parkway Shanghai is one of the first foreign healthcare providers to enter the Chinese market in 2004. Today, we offer a wide range of medical services in Shanghai through our network of facilities which includes Parkway Shanghai Hospital, Shanghai Centre Medical & Dental Centers, Gleneagles Medical & Surgical Center, Jin Qiao Medical and Dental Center, and Hong Qiao Medical Center.

As one of Asia's best private healthcare brands, Parkway, founded in Singapore, is recognised for its unwavering commitment to world-class care, treatment and outcomes, with a strong focus on quality and safety.

Precision Care, Warmly Delivered. At Parkway, we believe that exceptional healthcare goes beyond providing the best treatment and comfort - it is about striking the perfect balance between expertise and empathy.

We offer accessible, trusted, and personalised care you can rely on, standing by you through every health decision, every step of the way. By thoroughly understanding each patient's

unique condition and needs, we focus on delivering precise, detailed and continuous care, with holistic and compassionate support that nurtures not only the body, but your emotional and mental well-being. Because at Parkway, it's not just about being the best in healthcare; it's about being the best for you.

More information can be found at <https://www.parkwaychina.com/en>

ABOUT IHH HEALTHCARE (“IHH”)

IHH is a leading multinational healthcare provider shaping the future of care. Driven by our aspiration to Care. For Good., we unite medical excellence and innovation, pushing boundaries through our trusted brands such as Acibadem, Gleneagles, Fortis, Island, Mount Elizabeth, Pantai, Parkway and Prince Court.

Across 10 countries, including Malaysia, Singapore, Türkiye, India and Greater China, our 70,000-strong team delivers world-class excellence every day, within and beyond our 140 healthcare facilities, including more than 80 hospitals. Our comprehensive services span the full healthcare continuum, from primary and ambulatory to quaternary care, complemented by diagnostics, imaging, rehabilitation, telehealth and home care.

In partnership with our stakeholders, IHH is advancing value-based care, building a sustainable healthcare ecosystem and creating meaningful impact, as we work towards our vision to become the world's most trusted healthcare services network.
www.ihhhealthcare.com