



What do we screen in diabetic complication screening?

糖尿病併發症篩查驗甚麼?

Diabetic complication screening usually include screening for retinopathy, nephropathy and neuropathy, along with blood tests to gauge the severity of diabetes and associated conditions.

糖尿病併發症篩查主要檢測視網膜、腎臟及腳部的健康，同時檢驗血液以確定相關病況的嚴重程度。



Free Shuttle Service 免費專車服務

Gleneagles Hong Kong Hospital provides free shuttle bus service for public between MTR Ocean Park Station (Exit A) and the hospital (main entrance).

港怡醫院為市民提供免費專車服務往來港鐵海洋公園站(A出口)及醫院(正門)。



Free Shuttle Schedule
免費專車服務時間表

MTR 港鐵



Hospital address
1 Nam Fung Path,
Wong Chuk Hang, Hong Kong

醫院地址
香港黃竹坑南風徑1號

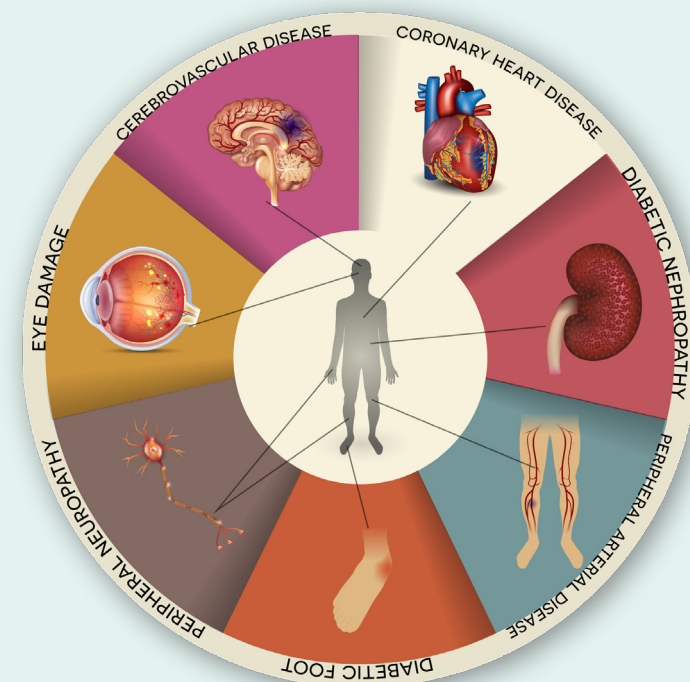
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www.gleneagles.hk

港怡醫院
Gleneagles Hong Kong Hospital

Diabetic Complications Screening

糖尿病併發症篩查



Specialist Outpatient General Medicine Clinic 普通內科專科門診

G/F, Tower B
B座地下

Service hours 服務時間

Monday - Friday 星期一至五 9:00 am – 6:00 pm
Saturday 星期六 9:00 am – 1:00 pm
Sunday and public holiday 星期日及公眾假期 Closed 休息

Service hotline 服務熱線 +852 2122 1333

On your side
護您同行

Gleneagles
HONG KONG
港怡醫院

Diabetic Complications

糖尿病併發症

It is important to achieve good glycemic control in diabetes as persistently elevated blood glucose is damaging to tissues in our body. The eyes, kidneys and nerves are especially susceptible to diabetes, and in severe cases can lead to blindness, renal failure and amputation.

Because early diabetic complications are usually asymptomatic, regular screening for early detection and management of diabetic retinopathy, neuropathy and nephropathy is now a standard part of diabetes management.

持續過高的血糖會導致身體組織糖化，影響機能。因此良好的血糖控制對糖尿病患者非常重要。最受糖尿病影響的器官包括眼睛（尤其是視網膜）、腎臟（尤其是腎小球）及神經線（尤其是腳部），嚴重情況下可能導致失明、腎衰竭及截肢，因此不容忽視。早期的糖尿病併發症一般也沒有徵狀，所以定期的糖尿病併發症篩查成為了糖尿病基本護理的一部分。



Item 項目	Basic 基本	Standard 標準
Endocrinologist consultation and physical examination (2 Visits) 內分泌專科醫生會診及臨床檢查 (兩次)	✓	✓
Dietitian Consultation (2 Visits) 營養師諮詢 (兩次)		✓
General Health Assessment 全面體格檢查		
Blood Pressure, Height, Weight, Body Mass Index, Waist & Hip Circumference 血壓、身高、體重、身高體重指數、腰及坐圍量度	✓	✓
Body Composition Analysis 身體成份分析	✓	✓
Blood Analysis 血液檢驗		
Complete Blood Count 血全像		✓
Liver Function Test: S.G.O.T. (AST), S.G.P.T. (ALT), Alkaline Phosphatase, Total Bilirubin, Gamma GT, Albumin 肝功能：谷草轉氨酶、谷丙轉氨酶、鹼性磷酸酶、總膽紅質、丙種谷氨酰轉肽酶、白蛋白		✓
Renal Function Test: Sodium, Potassium, Chloride, Urea, Creatinine 腎功能：鈉、鉀、氯化物、血尿素、肌酸酐		✓
Lipid Profile: Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Triglycerides 血脂分析：總膽固醇、高密度膽固醇、低密度膽固醇、三酸甘油脂		✓
Blood Glucose (Fasting) 血糖 (空腹)		✓
HbA1C 糖化血色素		✓
Estimated Glomerular Filtration Rate 腎小球過濾率		✓
Other Diagnostic Test 其他檢查		
Urine Microalbumin 尿液微型蛋白	✓	✓
Electrocardiogram 心電圖	✓	✓
Fundus Photography (By Optometrist) 眼底血管影像 (由視光師主理)	✓	✓
Vibration Perception Threshold Test 震動感知覺最低極限測試	✓	✓
Foot Sensation Test: 10g Monofilament Test 足部感覺神經測試:十克單絲測試	✓	✓
Original Price 原價	\$3250-	\$5390
Special Offer (10% off) 優惠價 (九折)	\$2920	\$4850